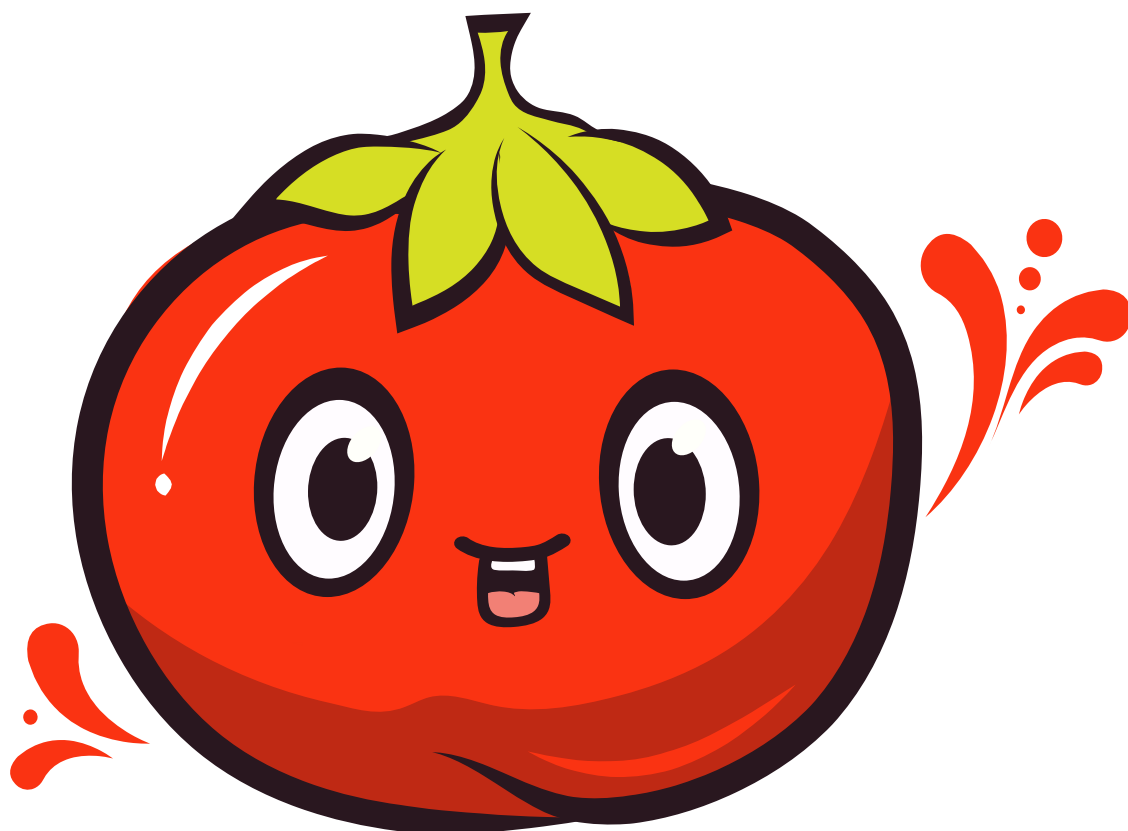


Eating more plant-based foods can...

Make you healthier reduce saturated fats **lower**
cholesterol provide more fibre, vitamins and
nutrients **reduce your environmental impact**



Great for you. Great for the planet.

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